

Course Name: Basics of Fall Protection

Course Description: The objective of this course is to allow learners to work safely around areas where a fall hazards exist. The course content and activities include a visual slideshow presentation, a short (10 minute) video and hands-on trials with various fall protection devices as well as anecdotal examples.

Target Audience: This course is designed for any person working at heights or on construction sites where they are required to be near a fall hazard.

Course Outline: This course addresses the following topics:

- Understanding the physics of a fall and types of fall protection.
- Recognize the components and hazards of a site.
- Evaluate and use Personal Protective Equipment and Fall Arrest Systems.
- Regulations, training and the individual's rights to a safe work environment.
- Identifying fall hazards, selection and implementation of appropriate protection.
- Life line systems and types of elevating devices and elevated work platform.
- Emergency procedures.

However, rescue is not covered in this course.

Length of the Course: This course is delivered in a single module of 2.5 hour duration and includes a 30 minute quiz.

Course Location: Client site or JW office.

Course Evaluation and Certification: A quiz is required permitting the successful candidate to work on construction sites in Ontario and specific provinces in Canada. A wallet card indicating successful completion of the course is provided.

Course Pre-requisites: Understand, read and write in English.

Materials: A workbook is provided.

Supplementary reading(s): None

Instructor Information: Paul Walkington is a Principal with Jacques Whitford and is the Director of Quality & Client Service for Ontario. He has extensive experience in all aspects of construction materials testing, inspection and constructability. In Atlantic Canada his construction quality experience includes three pulp & paper mills, expansion to Eastern Canada's largest dry dock facility, two potash mine operations and sophisticated ship loading facilities in the Saint John Harbour.

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Other Important Information: This course IS NOT intended to allow the candidate to be proficient in any recreational activity associated with rock climbing, abseiling, rappelling or any suspended work and rescue activities. Wear casual clothes that would be suitable for a construction site such as long pants and shirt with sleeves and collar. There is one break for 10 minutes at the mid-point in the program.

Available Support Services: If you have any questions, please contact course_admin@jacqueswhitford.com or call Course Admin at JWTI (613) 738-0708 ext. 3204.